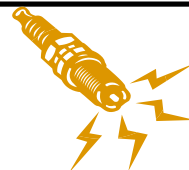


SENIOR SPARKS



VOLUME 40 ISSUE 6 MANSFIELD SENIOR CENTER ASSOCIATION

JUNE 2014

303 Maple Road, Storrs Mansfield CT 06268 (860) 429-0262 ext. 5

MANSFIELD SENIOR CENTER ASSOCIATION

ANNUAL BANQUET & BUSINESS MEETING

& PERFORMANCES BY
SENIOR CHORUS & SPARKETTES

WEDNESDAY, JUNE 11 AT 5:00

BANQUET MENU:

BARBECUED CHICKEN

baked beans, potato salad

& STRAWBERRY SHORTCAKE

COST FOR MEAL : \$5

PLEASE SIGN UP & PAY FOR MEAL

at front desk by Tuesday, JUNE 3.



THE MANSFIELD SENIOR
& WELLNESS CENTER

WILL BE

CLOSED JUNE 23 - 27

FOR ANNUAL CLEANING

SECOND SUMMER EVENING SERIES EVENT

THURSDAY, JULY 3

PICNIC AT 5:00

&

ENTERTAINMENT BY MR. MAGIC

AT 6:00

*PLEASE SIGN UP & PAY \$6 FOR THE MEAL
(TO "TOWN OF MANSFIELD")*

*GIVE TO KATHY YAFFEE AT SENIOR CENTER
BY WEDNESDAY, JUNE 25*

BOXED PICNIC MEAL: TURKEY SANDWICH WITH ALL
THE FIXINGS, POTATO CHIPS, FRUIT, COOKIE & WATER

PEOPLE OF ALL AGES ARE WELCOME
TO ATTEND THE MAGIC SHOW.

IT'S TIME TO BUY OR RENEW A SUBSCRIPTION TO THE SPARKS FOR 2014 - 2015

SUBSCRIPTION GOES FROM
JULY 1, 2014 TO JUNE 30, 2015.

- 1) FILL OUT THE SUBSCRIPTION FORM
ON THE BACK PAGE.
- 2) WRITE YOUR CHECK (PAYABLE TO M.S.C.A.)
BULK RATE - \$8.00 FIRST CLASS - \$12.00
- 3) MAIL IN THE FORM & YOUR CHECK
OR
DROP OFF THE FORM & YOUR CHECK
FOR KATHY RULE AT THE FRONT DESK



SIGN UP BY JUNE 15 TO GET JULY SPARKS !!

MEALS ON WHEELS NEEDS SUBSTITUTE DRIVERS

TO DELIVER MEALS TO HOMEBOUND SENIORS

WHEN REGULAR DRIVERS ARE UNAVAILABLE

ALL DELIVERIES ARE MID-DAY MONDAY THROUGH FRIDAY

CALL SHARON CARON AT THE SENIOR CENTER 860 429-0262 EXT 8



**SENIOR SPARKS IS A PUBLICATION OF
THE MANSFIELD SENIOR CENTER ASSOCIATION**

CYNARA STITES, SPARKS EDITOR

PLEASE E-MAIL SUBMISSIONS TO:

CYNARASTITES@GMAIL.COM OR PUT THEM IN
CYNARA STITES' SPARKS MAILBOX AMONG THE MSCA
MAILBOXES BEHIND THE FRONT DESK BY THE
10TH DAY OF THE MONTH FOR NEXT MONTH'S ISSUE.

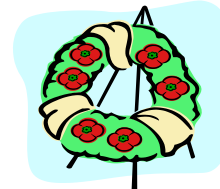
SUBMISSIONS CAN ALSO BE SENT TO
SENIORCNR@MANSFIELDCT.ORG



**TO THE MANSFIELD SENIOR CENTER
ASSOCIATION'S NEWEST MEMBERS:**

ANNETTE KNOWLTON MARSHA PETERS

**IN MEMORY OF:
MADGE MANFRED
MAHMOUD MELEHY**



**MANSFIELD SENIOR CENTER ASSOCIATION
EXECUTIVE BOARD**

PRESIDENT: ESTELLE ELLIOTT

VICE-PRESIDENT: JEAN ANN KENNY

IMMEDIATE PAST PRESIDENT:

RITA BRASWELL

SECRETARY: BEV GOTCH

FINANCE OFFICER: DON STITTS

TREASURER: MIKE BESCHLER

ASSISTANT TREASURER &

SPARKS SUBSCRIPTIONS MANAGER: KATHY RULE

MEMBER AT-LARGE: SAM GORDON

COMPUTER COMMITTEE CHAIR: VACANCY

PROGRAM COMMITTEE CO-CHAIRS:

JOAN TERRY & MARIE HAKMILLER

SPARKS COMMITTEE CHAIR: RITA BRASWELL

TRAVEL COMMITTEE CHAIR: KAY WARREN

WAYS & MEANS COMMITTEE: VACANCY



M.S.C.A. COMMITTEE MEETINGS

EXECUTIVE BOARD: WEDNESDAY, JUNE 11 AT 10:00

WAYS & MEANS COMMITTEE: ON HIATUS

COMPUTER COMMITTEE: TUESDAY, JUNE 3 AT 2:30

MANY THANKS TO THE SENIORS WHO HELPED
WITH THE PRODUCTION OF THE MAY SPARKS:

LIDA BILOKUR, RITA BRASWELL,

JUNE CURTIS, BEV GOTCH,

ALICE JENSEN, KATHY RULE

& DICK SALLEE



THANKS TO CHRISTY RAFFI WHO HAS GRACIOUSLY VOL-
UNTEERED TO BE A SUBSTITUTE BINGO CALLER!

THANKS!

MANSFIELD COMMISSION ON AGING

**MEETS AT 9:30
ON MONDAY, JUNE 9**



DEAR SPARKS READERS,

ON MAY 15 AND 16, I RECEIVED TWO IDENTICAL, UNSIGNED
LETTERS WRITTEN ON MSCA STATIONERY FROM UNNAMED
"MEMBERS OF THE MSCA EXECUTIVE BOARD." THE LETTERS
SAID THAT THEY "HEREBY REQUEST YOUR RESIGNATION AS
THE EDITOR OR [SIC] 'SPARKS' EFFECTIVELY IMMEDIATELY."

ANONYMOUS "MEMBERS OF THE MSCA EXECUTIVE BOARD"
DO NOT HAVE THE AUTHORITY TO FIRE ME. THE MSCA
EXECUTIVE BOARD, WHICH HAS THE AUTHORITY, HAS NOT
DISCUSSED OR VOTED ON THIS. THEREFORE, INSTEAD OF
RESIGNING, I AM SUSPENDING MY WORK AS SPARKS EDITOR
UNTIL THE MSCA EXECUTIVE BOARD VOTES ON DISMISSING
OR RETAINING ME AT ITS JUNE 11 MEETING.

I APPRECIATE ALL THE POSITIVE FEEDBACK I HAVE RECEIVED
FROM SPARKS READERS. I HAVE ENJOYED SERVING AS THE
SPARKS EDITOR, AND I HOPE THAT THE MSCA EXECUTIVE
BOARD WILL VOTE TO LET ME STAY ON THE JOB.

CYNARA STITES

**NOTE: SINCE THE MSCA PRESIDENT IS ON
SICK LEAVE, WE (THE BOARD) WILL NOT PUT
THIS MATTER ON THE AGENDA UNTIL SHE RE-
TURNS.**

MSCA TRIPS

FLYERS & INFORMATION AT FRONT TRAVEL DESK
OR CALL THE TRAVEL DESK AT **860-429-0262 EXT 6**
MONDAYS, WEDNESDAYS & FRIDAYS 8:30 - 2:00
OR CALL KAY WARREN AT HOME 860-487-3744

YES, FOLKS, WE HAD A REALLY GREAT TIME AT PARKER'S MAPLE BARN IN MASON, NH ON APRIL 30. IT JUST DRIZZLED UP THERE BUT NOT TO THE POINT OF RUINING OUR DAY. THOSE BUDWEISER HORSES ARE JUST BEAUTIFUL.

OUR NEXT TRIP IS TO BEAUTIFUL **ELIZABETH PARK** IN HARTFORD ON **WEDNESDAY, JUNE 18TH**. WE WILL START OFF THE DAY WITH ROAMING THROUGH THE ROSE GARDEN, THEN WE WILL HAVE LUNCH IN THE POND RESTAURANT, THEN WE WILL BE ENTERTAINED. A BEAUTIFUL DAY TO BE HAD! THERE ARE STILL SEATS LEFT, SO PLEASE CALL AND RESERVE YOUR SEAT(S). WE SHOULD RETURN AROUND 4:30.



JUNE 24 - 26 TAKES US TO **AMISH LANDS** IN LANCASTER, PA. WE WILL SEE "MOSES" AT THE SIGHT & SOUND THEATRE PLUS MANY SIDE TRIPS AND, OF COURSE, THAT WONDERFUL, MOUTH-WATERING AMISH FOOD AT A RESTAURANT. TWO SEATS ARE LEFT ON THE BUS. ONLY 50 PEOPLE WILL BE ON THE BUS BECAUSE OF WHEELCHAIR ACCESS.

I NEED TO MENTION:

THE 13-DAY **ITALY VISTAS** TRIP LEAVING ON **OCTOBER 18** AND THE 9-DAY **ITALY CLASSIC** TRIP LEAVING ON **NOVEMBER 8** AND THE 9-DAY **CARIBBEAN CRUISE** TRIP LEAVING ON **APRIL 15, 2015**. START THINKING ABOUT THESE TRIPS NOW BECAUSE THE ITALY TRIPS ARE NOW ON A FIRST-COME, FIRST-SERVE BASIS. THE CARIBBEAN CRUISE WILL BE A BEAUTIFUL TRIP. **DON'T WAIT. SIGN UP NOW !!!!!!!**

KAY WARREN
MSCA TRAVEL COMMITTEE

MANSFIELD SENIOR & WELLNESS CENTER

303 MAPLE ROAD
STORRS MANSFIELD, CT 06268
HOURS: MON - FRI 8:30 A.M. - 4:30 P.M.
SENIORCENTER@MANSFIELDCT.ORG
WWW.MANSFIELDCT.ORG
(860) 429-0262

RECEPTIONIST/FRONT DESK EXT 0

MANSFIELD SENIOR CENTER
ASSOCIATION EXT 5

SENIOR CENTER SUPERVISOR
CINDY DANTON EXT 9
DAINTONCH@MANSFIELDCT.ORG

TRANSPORTATION MANAGER
GIANNA STEBBINS EXT 2
STEBBINS@MANSFIELDCT

TRAVEL DESK EXT 6

LUNCH PROGRAM/KITCHEN
SHARON CARON EXT 8

WELLNESS CENTER APPOINTMENTS
KATHY YAFFEE EXT 4

SOCIAL WORKER
KATHY ANN EASLEY, MSW
860 487-9873

OUTREACH WORKER
CAROLYN MCAULIFFE
860 487-9875

M.S.C.A. COMPUTER LEARNING CENTER

FREE HELP FOR PC USERS WITH
DAN GEBBEN MONDAYS 10:00 - 11:00

PHOTO CLUB WITH DAN GEBBEN
FRIDAYS, JUNE 6 & 20, 10:00 - NOON
COST: \$20 A YEAR PAYABLE IN JANUARY

POINT & SHOOT PHOTOGRAPHY
WITH CHUCK BOSTER
TUESDAYS, JUNE 3, 10 & 17, 10:00 - NOON
BASIC COURSE ON THE PROCESS OF TAKING
A PICTURE & TAKING CARE OF YOUR CAMERA

FREE HELP FOR MAC
USERS BY APPOINTMENT
WITH MIKE PALMER
LEAVE MIKE A MESSAGE
AT 860 429-0262 EXT 7

WELLNESS PROGRAMS

**PLEASE CALL KATHY YAFFEE AT 860 429-0262 EXT 4
MONDAY THROUGH FRIDAY, 8:30 TO 4:30
TO SCHEDULE APPOINTMENTS
WITH THE PROVIDERS LISTED BELOW**

**ADULT HEALTH SCREENINGS
by VNA East Nurse Mary Hess**

Wednesday, June 4, 1:00 - 3:00

Blood pressure, cholesterol, blood glucose,
earwax & foot care

FOOTCARE with Dr. Walter, Podiatrist
on Wednesday, June 11, 9:00 to noon.
Medicare will be billed if you are eligible.
Dr. Walter carries Dr. Comfort shoes,
including M/C Diabetic shoes.

REIKI WITH BETTE GIORDANO
ONE-HOUR SESSIONS ON THURSDAY, JUNE 12
9:00 - 11:00 COST: \$30 PER HOUR

FREE BLOOD PRESSURE CHECKS

11:30 - noon
on Wednesday, June 4
sponsored by
Hermann Blood Pressure Clinic
NO APPOINTMENTS NECESSARY

**ELDERCARE LAW**

ATTORNEY GATES FROM CONNECTICUT Legal Services
provides free legal consultations to people 60 years
or older on Monday, June 16, 1:00 - 3:00
Call 860 429-0262 ext 0 (front desk) for appointment

FOODSHARE

THURSDAYS: JUNE 12 & 26 AT 11:30
IN SENIOR CENTER'S BACK PARKING LOT

FREE FOOD FOR THOSE WHO NEED IT !
NO QUESTIONS ASKED ABOUT INCOME !
BRING A SHOPPING BAG !

**SUPPORT GROUPS****CAREGIVERS SUPPORT GROUP**

THURSDAY, JUNE 19 at 6:30 p.m.
For information, call: 860 429-0262 ext 4.

LOW VISION GROUP

MONDAY, JUNE 9 AT 11:00

MS SUPPORT GROUP

TUESDAY, JUNE 10 AT 7:00 P.M. IN THE CRAFT ROOM
FOR MORE INFORMATION, CONTACT
JOAN AT 860 429-7271 OR JENNIFER AT 860 450-0530

NEW OUTREACH WORKER**CAROLYN MCAULIFFE**

IS AVAILABLE TO COME TO YOU HOME OR MEET WITH YOU
AT THE SENIOR CENTER TO ASSIST YOU WITH:

- MEDICAL INSURANCE, INCLUDING MEDICARE SAVINGS PROGRAM & ALL PARTS OF MEDICARE
- ASSISTANCE WITH SUPPLEMENTAL INSURANCES
- MEDICAID
- SNAP (FOOD STAMPS)
- CONNECTICUT HOME CARE PROGRAM FOR ELDERS
- HOME CARE ISSUES
- HOUSING OR HOUSING-RELATED ISSUES
- LIVING WILLS
- REFERRALS/ACCESS TO COMMUNITY RESOURCES

CALL CAROLYN MCAULIFFE AT 860 487-9875
TUESDAYS & WEDNESDAYS, 8:30 - 4:30
FRIDAYS, 10:00 - 2:00

SOCIAL WORKER

MANSFIELD HUMAN SERVICES HAS A
SOCIAL WORKER, **KATHY ANN EASLEY**, MSW
AT THE MANSFIELD SENIOR & WELLNESS CENTER
8:30 - 4:30 MONDAY THROUGH FRIDAY
TO ASSIST MANSFIELD RESIDENTS
THROUGH A VARIETY OF SERVICES.
CALL: 860 487-9873

OLD PEOPLE PRIDE

OLD PEOPLE ARE EASY TO SPOT AT SPORTING EVENTS. DURING THE NATIONAL ANTHEM, OLD PEOPLE REMOVE THEIR CAPS, COVER THEIR HEARTS, DON'T TALK, STAND AT ATTENTION AND SING WITHOUT EMBARRASSMENT.

OLD PEOPLE REMEMBER PEARL HARBOR, WORLD WAR II, GUADALCANAL, NORMANDY AND HITLER. THEY REMEMBER THE ATOMIC AGE, THE KOREAN WAR, THE COLD WAR, THE JET AGE, THE MOON LANDING, THE VIETNAM WAR AND THE 50+ AMERICAN PEACEKEEPING MISSIONS BETWEEN 1945 AND 2005.

IF YOU BUMP INTO AN OLD MAN ON THE SIDEWALK, HE WILL APOLOGIZE. OLD MEN TREAT WOMEN WITH RESPECT. OLD MEN HOLD THE DOOR FOR THE NEXT PERSON AND, WHEN WALKING, THEY MAKE CERTAIN THE LADY IS ON THE INSIDE TO PROTECT HER FROM CARS.

OLD PEOPLE GET EMBARRASSED IF SOMEONE CURSES IN FRONT OF WOMEN OR CHILDREN, AND THEY DON'T LIKE DIRTY LANGUAGE ON TV OR IN MOVIES.

OLD PEOPLE HAVE MORAL COURAGE AND PERSONAL INTEGRITY. THEY SELDOM BRAG UNLESS IT'S ABOUT THEIR CHILDREN, GRANDCHILDREN OR PETS.

OLD PEOPLE HAVE A STRONG WORK ETHNIC, DECENT VALUES, AND A SENSE OF PERSONAL RESPONSIBILITY.

OLD PEOPLE ARE PROUD OF OUR COUNTRY AND BELIEVE IN FULFILLING THEIR CIVIC RESPONSIBILITY. THEY VOTE IN HIGHER NUMBERS THAN YOUNG PEOPLE DO.

OLD PEOPLE HAVE A TEMPERATE PERSPECTIVE ON LIFE BECAUSE THEY HAVE SEEN IT ALL. THEY KNOW THAT THERE IS REALLY NOTHING NEW UNDER THE SUN; SHADY GOINGS-ON JUST COME IN NEW AND DIFFERENT GUISES.

OLD PEOPLE KNOW THAT OUR GREAT COUNTRY IS PROTECTED, NOT BY POLITICIANS, BUT BY THE YOUNG MEN AND WOMEN WHO SERVE OUR COUNTRY IN THE MILITARY.

THIS COUNTRY NEEDS THE OLD PEOPLE MORE THAN EVER!

SUBMITTED BY KAY WARREN

CONVERSATIONS WITH BETTY

THURSDAY, JUNE 5, 11:00 - NOON

Everyone is welcome for this friendly, lively discussion. If you have any questions, please call Betty at 860-429-6324

GENEALOGY GROUP

TUESDAY, JUNE 10 AT 10:00

ALL ARE WELCOME, INCLUDING BEGINNERS. THE LEADER BRINGS NEW INFORMATION AND WE ALL SHARE IDEAS. GET HELP WITH YOUR GENEALOGICAL RESEARCH PROBLEMS. WE WILL BE TAKING TRIPS TO LIBRARIES & ARCHIVES IN THE COMING YEAR TO WORK ON GENEALOGY. CALL FOR DETAILS: 860 429-4557

APRIL 25

DUPLICATE BRIDGE RESULTS

NORTH/SOUTH

- | | |
|--------------------------------|------|
| 1. JERRY SHAFFER & SAM WHEELER | 63.0 |
| 2. JEANNE HAAS & ALINE BOOTH | 56.5 |
| 3. NORA HOSS & BILL HOSS | 51.5 |



EAST/WEST

- | | |
|------------------------------------|------|
| 1. ANNA MCCLAIN & DORIS LEDOYT | 57.5 |
| 2. HELEN GAUTHIER & NAPPY GAUTHIER | 51.0 |
| 3. OMAR SHEPARD & RAY CRAVEN | 47.5 |

INDOOR WALKING PROGRAM

MONDAYS AT 9:00
WEDNESDAYS AT 9:00 AND 3:00

DO YOU HAVE 30 MINUTES TO IMPROVE YOUR HEALTH? THAT'S ALL IT TAKES TO WALK 2 MILES INDOORS. LACE UP YOUR WALKING SHOES AND COME WALK WITH OTHERS AT THE SENIOR CENTER.



A DVD PROVIDES INSTRUCTIONS AND MUSIC.

DO YOU NEED TRANSPORTATION?**FREE TRANSPORTATION**

— FOR MANSFIELD RESIDENTS ONLY —

IS AVAILABLE FOR MEDICAL & DENTAL APPOINTMENTS.

MAKE REQUESTS AT LEAST 7 – 10 DAYS AHEAD.

14 DAYS ADVANCE NOTICE IS REQUIRED FOR

RIDES TO APPOINTMENTS AS FAR AWAY AS

GLASTONBURY, MANCHESTER & NEWINGTON.

**CALL GIANNA STEBBINS, VOLUNTEER TRANSPORTATION
MANAGER AT 860 429-0262 EXT 2.****DIAL-A-RIDE**

PROVIDES RIDES TO PEOPLE AGE 60 AND OLDER

TO BIG Y & MANSFIELD SENIOR CENTER

A \$1.50 DONATION FOR EACH ONE-WAY TRIP

IS REQUESTED AT THE END OF EACH MONTH.

CALL DIAL-A-RIDE AT 860 456-1462.**SENIORS' TEXTING CODES**

YOUNG PEOPLE HAVE THEIR TEXTING CODES, LIKE
OMG (OH MY GOD!) & **LOL** (LAUGHING OUT LOUD).
NOW SENIORS HAVE THEIRS, TOO:

ATD AT THE DOCTOR'S
BFF BEST FRIEND'S FUNERAL
BTW BRING THE WHEELCHAIR
BYOT BRING YOUR OWN TEETH
CBM COVERED BY MEDICARE
CFMG CAN'T FIND MY GLASSES
CUATSC SEE YOU AT THE SENIOR CENTER
DWI DRIVING WHILE INCONTINENT
FWIW FORGOT WHERE I WAS
GGPBL GOT TO GO, PACEMAKER BATTERY LOW
GHA GOT HEARTBURN AGAIN
HGBM HAD GOOD BOWEL MOVEMENT
LMDO LAUGHING MY DENTURES OUT
LOL LIVING ON LIPITOR
OMSG OH MY! SORRY, GAS
TOT TEXTING ON TOILET
WAITT WHO AM I TALKING TO?
WDII WHAT DAY IS IT?

SUBMITTED BY KATHY RULE

SENIOR VAN OUTINGS**THURSDAY, JUNE 5****GILLETTE CASTLE IN EAST HADDAM****LUNCH AT TWO WRASSLIN' CATS**

(MENU IS AT FRONT DESK.)

CASTLE ADMISSION: \$6 & PAY FOR YOUR LUNCH

LEAVE AT 9:30 & RETURN ABOUT 4:00

WEDNESDAY, JUNE 11**JONATHON EDWARDS WINERY IN NO. STONINGTON**

WINERY TOUR & WINE TASTING

your choice of sampler tasting (3 wines -\$6)

or classic tasting (7 wines - \$12)

Lunch at Mystic Pizza - Pay for your lunch

LEAVE AT 10:00 & RETURN ABOUT 4:30

TUESDAY, JUNE 17**LUNCH BUNCH AT****LAKEVIEW RESTAURANT IN COVENTRY**

SIT OUTSIDE ON THE DECK & ENJOY NICE WEATHER!

LEAVE AT 11:30 & RETURN ABOUT 1:30

PAY FOR YOUR LUNCH.

THE TEN SENIORS WHO WENT ON THE MAY 13TH SENIOR VAN TRIP TO THE **MAGIC WINGS BUTTERFLY MUSEUM** IN DEERFIELD, MA HAD A DELIGHTFUL DAY. THE MUSEUM IS A BEAUTIFUL, INDOOR TROPICAL GARDEN FILLED WITH TROPICAL PLANTS & HUNDREDS OF DIFFERENT VARIETIES OF BUTTERFLIES FLITTING AROUND EVERYWHERE. I ARRANGED A BUTTERFLY RESCUE WHEN I TOLD A MUSEUM GUIDE ABOUT A BUTTERFLY THAT WAS MISSING HALF A WING. THE GUIDE TOOK THE BUTTERFLY TO ATTACH AN ARTIFICIAL HALF-WING. NO KIDDING!

AFTERWARDS, OUR VAN DRIVER - THE CONGENIAL, RELAXED & FUN GIANNA STEBBINS - DROVE US FARTHER NORTH TO **THE FARM TABLE AT KRINGLE CANDLE** IN BERNARDSTON, MA. IN A BEAUTIFULLY RESTORED COLONIAL HOUSE, WE ENJOYED SOME REALLY GREAT FOOD FROM A VARIED LUNCH MENU. THEN GIANNA TURNED US LOOSE WITH OUR PURSES TO EXPLORE THE CHOCOLATE STORE, FARM STAND, CHRISTMAS SHOP AND CANDLE SHOP. GIANNA HOPES TO OFFER THIS TRIP AGAIN IN THE NEXT FEW MONTHS.

CYNARA STITES

MEAL PROGRAM

The TVCC A meal program is subsidized through the Older Americans Act and is available to seniors 60 years or older for a suggested donation of **\$3.00**.

Seniors who are younger than 60 are welcome to eat, but are asked to pay the actual cost of the meal — **\$10**.

Reservations must be made by 10:00 a.m. one day in advance.

Guests and new members must complete a registration form at the time they make a reservation. Homebound seniors may call 1-800-953-1365 to receive Meals-on-Wheels.

JUNE MENUS

Mon, 2: cheese manicotti w/marinara, broccoli, wax beans, pineapple cup

Tu, 3: Salisbury steak w/gravy, mashed potatoes, peas & carrots, grape juice

Wed, 4: JUNE BIRTHDAY LUNCH

Chicken cacciatore, rice pilaf, green beans *or* egg salad platter, fresh fruit

Th, 5: cod Florentine, mac & cheese, stewed tomatoes, fruit cocktail

Fri, 6: baked ziti w/chicken sausage, carrots & broccoli *or* chicken cobb salad

Mon, 9: Swedish meatballs, buttered noodles, Italian veggies

Tu, 10: pineapple glazed ham, sweet Potatoes, mixed veggies, pineapple

Wed, 11: beef stroganoff, noodles, veggie medley *or* chicken Caesar salad

Th, 12: cheese omelet, roasted potatoes, veggie medley, applesauce

Fri, 13: chicken supreme, seasoned rice, green beans *or* tuna salad platter

Mon, 16: crispy cod patty, mashed potatoes, stewed tomatoes, fruit cocktail

Tues, 17: Alfredo pesto cream chicken, seasoned rice, green beans/tomatoes

Wed, 18: eggplant rolette, penne w/ marinara *or* tuna salad platter

Th, 19: cheeseburger noodle casserole, wax beans, carrots, pears

Fri, 20: Cuban braised pork loin *or* chicken Caesar salad

Mon, 30: western omelet, roasted potatoes, veggie medley, apple juice

**JUNE BIRTHDAYS**

1 - ELLON GILLON, NANCY PARADIS, CAROL SMITH, GLEN SMITH, ROSE YUSCHALK

2 - EVA EATON, RAYMOND KIKAS, MOLLIE KIROUAC, KATHERINE ZARTUN

3 - LOIS ABT, MARY BROWN, LISA FERRIERE, MARIE FRAZIER, HELEN GAUTHIER, PAUL ST. MARIE, EVELYN MATSAS

4 - MARTHA BRIGGS, WINTHROP HILDING, ETHEL LARKIN, ALEXANDER RASCONA

5 - MARIE BRANDENSTEIN, ELEANOR JOURDENIS, JEAN ANN KENNY, JUDITH LALUMIERE,

KYUNG LEFRANCOIS, SUSAN MORTON

6 - CYNTHIA CLEARY, LUCILLE EICHNER, RUSSELL MARTIN, ZOMA SPIVAK

7 - CONNIE FAUROT, MICHAEL MCHUGH

8 - PHYLLIS BIEDERMAN, DORIS HOLMES, JENNIFER HOSKINS, JUNE KNUTH, GUY LEFER, JOHN MANFRED, PAUL SAWYER, HOWARD VIGNEAU, ANNIE WALLACE

9 - RONALD GINGRAS, EILEEN GOODYEAR, MARY ROGERS

10 - CHUCK BOSTER, JUSTY GAMACHE, MARY HASKELL, TOM ROBERTS

11 - ROLAND HUARD, MILDRED LARKINS, FLORENCE WAXMAN

12 - FLORENCE BERNIER, VICTORIA DEWITT, RICHARD GAYLOR, ANTHONY KOTULA

13 - CYNTHIA CARR, ELIZABETH DOTEN, ANN LUCEY, SHIRLEY NANCE

14 - ALBERT ALFAND SHOKAT TELEGHANI

15 - SUSAN BURZYNSKI, GRETA DESAI, RONALD DROUIN, ARTHUR WELLES, JUDITH YORKE

16 - BRUNA BUTLER, MERRILL

CUMMINGS, JEANNE DUKES, ROLAND LEGAULT

17 - LEONA MARCUS

18 - ELAINE BRAND, TERRY BROWN, PEARL DROUIN, MONICA

ELSEMORE, MARY LUCE, BEVERLY MASON, LEE SALINA

19 - STEPHEN BASS, NAPOLEON

GAUTHIER, JUNE SAMUELS, SANDRA SMITH, MARCIA ZIMMER

20 - ROGER BROBERG, LORIS

MASTERTON, HILDA STACOFFE, GLADYS VOLKENS

21 - MARCELLA BOOTH, JOSLYN FIELD, BERYL GRIFFIN, JOE ROMO

22 - SANDRE BURBAGE, JOAN DOIRON, DOREEN PHILPOTTS, JOSEPH PROVENCHER

23 -

24 - JANE SMITH

25 - RUTH HERRMAN, JANIS HOYLE, ADOLPH KONIAR, MARGARET MCCARRON

26 - ANN MARIE CAMPBELL, JOYCE CORRIVEAU, HOWARD ROWETT,

27 - DIANA GROSS, SALLY MCKEE, WILLIAM PETERS

28 - SUSAN CARPENTER, RAYMOND GERGLER, JUNE PORTER, CHARLES SEARING


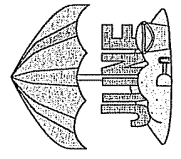

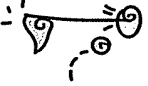


29 - BILL GERDSEN, CAROLEE KINGSBURY


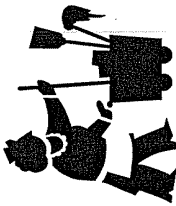
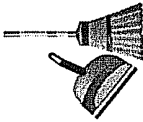

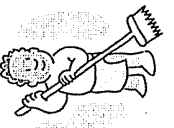
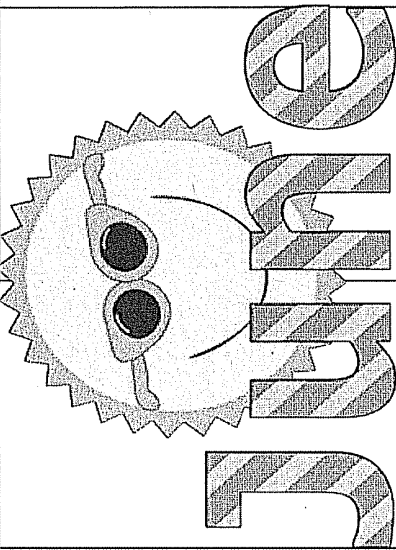
30 - ELAINE BOUDREAU, JUNE CURTIS, FERN HAMMER, ARTHUR HATHWAY, JOHN HEIZMANN

REGISTER FOR MANSFIELD'S EMERGENCY NOTIFICATION SYSTEM

GET EMERGENCY ALERTS, ROAD CLOSURES, WEATHER WATCHES & OTHER LOCAL INFORMATION. TO LEARN MORE, GO TO WWW.MANSFIELDCT.GOV & CLICK ON THE CODEDRED ICON.

A SYSTEM-WIDE TEST WILL BE CONDUCTED ON JUNE 4.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT. & SUN.
2. 9:00-Senior aerobics 9:00-Walking DVD 10:00-Art Studio 10:00-PC Help 10:15- Sparkettes 12:00- Lunch 1:00- Mahjongg 3:15- Wii Bowling	3. 8:30-Strength class 10:00-Scrabble 10:00-Wii Bowling 10:00-Photo Class 11:00-Power of Aging 12:00-Lunch 1:00- Bingo 2:00- Art Class 2:30-Computer Com.	4. 9:00- Walking DVD 10:00-Writing Group 11:30- Herriman Blood Pressure Clinic 12:00- Causeries 12:00- Birthday lunch 1:00- Fund. Of Tap 1:00- VNA East 3:00- Walking DVD Hug your Cat Day	5. 8:30-Strength class 10:00-Wii Bowl 10:00- Quilting 10:15-Sparkettes Practice 11:00-conversations w/ Betty 12:00-Lunch 12:30 Power of Aging 1:00-Bridge 1:00-Jewelry 2:30-Wii Bowl 3:15- Senior Aerobics 	6. 10:00-Scrabble 10:00-Knitting & Crocheting 10:00-Photo club 10:30 -Sit & Get Fit 11:15-Brain Aerobics 12:00-Lunch 1:00-Art Studio	7. Saturday  8. Sunday
9. 9:00-Senior Aerobics 9:30- Sparkettes Mtg 9:00-Walking DVD 9:30- COA Mtg 10:00-Art Studio 10:00-PC Help 10:15-Sparkettes 11:00- Low vision Gr. 12:00-Lunch 1:00-Mahjongg 3:15- Wii bowling	10. 8:30-Strength class 10:00-Scrabble 10:00-Wii bowling 10:00- Genealogy Gr 10:00-Photo Class. 11:00 Power of Aging 12:00- Lunch 1:00-Bingo 2:00 -Art Class 7:00-MS support Gr.	11. 9:00- Dr. Walter 9:00- Walking DVD 10:00- Writing Gr. 10:00- Ex. Br. Mtg 12:00-Causeries 12:00- Lunch 1:00-Fund. of Tap 2:00-Book Club 3:00-Walking DVD 5:00- MSCA Banquet 7:00-TNT Quilters	12. 8:30-Strength class 10:00-Wii Bowl 9:00- Reiki 10:00- Quilting 10:15-Sparkettes Practice 11:30- Foodshare 12:00-Lunch 12:30 Power of Aging 1:00-Bridge 1:00-Jewelry 2:30-Wii Bowl 3:15- Senior Aerobics	13. 10:00-Scrabble 10:00-Knitting & Crocheting 10:30 -Sit & Get Fit 11:15-Brain Aerobics 12:00-Lunch 1:00-Art Studio 	14. Saturday ~~~~~ 15.Sunday  <i>Fathers Day</i>
16. 9:00-Senior Aerobics 9:00-Walking DVD 10:00-Art Studio 10:00-PC Help 10:15-Sparkettes 12:00-Lunch 1:00-Mahjongg 1:00- Attorney Gates 3:15- Wii Bowling	17. 8:30-Strength class 10:00-Scrabble 10:00-Wii Bowl 10:00-Photo Class 11:00-Power of Aging 12:00-Lunch 1:00-Bingo 2:00- Art Class 	18. 9:00- Walking DVD 10:00-Writing Group 12:00-Causeries 12:00- Lunch 1:00-Fund. of Tap 2:00-Red Hatters 3:00-Walking DVD	19. 8:30-Strength Class 10:00-Wii Bowl 10:00- Quilting 10:15-Sparkettes Practice 12:00-Lunch 12:30 -Power of Aging 1:00-Bridge 1:00-Jewelry 2:30- Wii Bowl 3:15- Senior Aerobics 6:30- Caregivers Support Gr.	20. 10:00-Scrabble 10:00-Knitting & Crocheting 10:00-Photo club 10:30 -Sit & Get Fit 11:15-Brain Aerobics 12:00- Lunch 1:00-Art Studio	21. Saturday  ~~~~~ 22. Sunday

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT. & SUN.
23. Building Closed For Annual Cleaning 	24. Building Closed 	25. Building Closed 	26. 11:30 Foodshare Building Closed 	27. Building Closed 	28. Saturday ~~~~~ 29 Sunday
30. 9:00-Senior Aerobics 9:00-Walking DVD 10:00-Art Studio 10:00-PC Help 12:00-Lunch 1:00-Mahjongg 3:15-Wii bowling					

Current & Coming Events at the Mansfield Senior Center:

Thursday, July 3rd—Second Summer Evening Event at 5:00pm

Shut Down Week for Maintenance—June 23-27—building is closed

History to remember:

June 25, 1951—1st TV broadcast in color

June 30, 1992—1st pay bathrooms in the U.S. opens in NYC, 25 cents

Note: Calendar is subject to change without notice

Please look at the Day Trips we offer, front page in our June Senior Happenings

SENIOR SPARKS

Mansfield Senior Center Association
Mansfield Senior & Wellness Center
303 Maple Road
Storrs Mansfield, Connecticut 06268
860-429-0262



NON-PROFIT ORGANIZATION
PRE-SORT STANDARD #57
U.S. POSTAGE PAID

Occupant or

PLACE TOP OF LABEL
BY THE DARK LINE

INDOOR WALKING PROGRAM - PAGE 5

MANSFIELD EMERGENCY
NOTIFICATION SYSTEM - PAGE 7

OLD PEOPLE PRIDE - PAGE 5

OUTREACH WORKER - PAGE 4

SENIORS' TEXTING CODES - PAGE 6

SENIOR VAN OUTINGS - PAGE 6

SPARKS EDITOR SUSPENSION - PAGE 2

SPARKS SUBSCRIPTION - PAGES 1 & 10

TRIPS - PAGE 3

I WANT TO BUY A SPARKS SUBSCRIPTION
FROM JULY 1, 2014 TO JUNE 30 2015.
(PLEASE PRINT)

NAME: _____

MAILING ADDRESS: _____

TOWN: _____ ZIP: _____

PHONE: _____

NEW SUBSCRIPTION _____ OR RENEWAL _____

BULK RATE @ \$8.00 _____ OR FIRST CLASS @ \$12.00 _____

AMOUNT ENCLOSED: _____

(CHECK MADE TO M.S.C.A.)

LEAVE AT FRONT DESK FOR KATHY RULE OR MAIL IT TO HER AT:
MANSFIELD SENIOR & WELLNESS CENTER
303 MAPLE ROAD
STORRS MANSFIELD, CT 06268